



News Release

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Bittersweet's Social Recreation Program to Offer Outdoor Adventure Program to Teens with Autism

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Whitehouse, OH... The Social Recreation Program (SRP) at Bittersweet Farms in partnership with the Toledo Metroparks is offering a five-week Metroparks program for teens with autism. Bittersweet's SRP consists of therapeutically-based programs and activities that focus on community integration and social interactions, as well as developing independence. The program consists of various types of events and sessions including community events, therapeutic groups, and a social skills group with the University of Toledo.

The Metroparks program will provide active outdoor experiences, develop a variety of outdoor skills, and promote social interaction and inclusion to teens (ages 13-22) with autism. The five-week program will be held 4:00 p.m. to 6:00 p.m. every Tuesday July 2nd through July 30th. The location will change each week allowing teens explore five different parks within the Metroparks system.

Community Outreach Specialist, Meghan Oberle, says, "This is a fantastic opportunity for the teens in the SRP to learn a new skill, practice working together as a team, and become more comfortable attending events in the community. The teens will be accompanied by their trusted teen mentors, who will help make this a safe and comfortable experience."

The cost for this program is \$20. Participants interested in the program must be registered with Bittersweet's SRP. Please note the deadline to register is June 25th. If personal assistance is required, the participant must be accompanied by a caregiver.

Contact Meghan Oberle at moberle@bittersweetfarms.org or 419 875 6986, ext. 1209 for more information or to register.

About Bittersweet, Inc.

For 36 years, Bittersweet, Inc. has been successfully serving adults and adolescents with Autism Spectrum Disorders across three locations in Ohio. Bittersweet offers unique supports that encourage individuals with autism to grow and develop their abilities and talents in an agricultural setting. The Bittersweet community offers many products for sale to support employment and vocational opportunities for individuals with autism. The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.