



## News Release

For immediate release – December 18, 2019

### **Bittersweet Farms Offers Early Bird Discount for 2020 CSA Memberships**

Whitehouse, OH...Are you looking to be healthy in the new year? For a limited time only, Bittersweet Farms is offering an early bird discount for those who sign up for its Community Supported Agriculture (CSA) program, now in its tenth year! Those who sign up by December 31, 2019 using the code "EARLYBIRD" will receive a \$10 discount on their purchase. Sign up today at [www.bittersweetfarms.org/csa](http://www.bittersweetfarms.org/csa).

Members of Bittersweet's CSA purchase a share of the harvest in advance of the growing season, which helps the organization cover the initial costs of the season. In return, throughout the growing season members receive weekly shares of fresh, nutrient-dense produce grown sustainably, harvested, and packaged by individuals with autism at Bittersweet Farms. As with any CSA program, Bittersweet's CSA is a mutual partnership of shared risk and bounty between the grower and the CSA member.

When you purchase a membership share of the CSA program, you are partnering with Bittersweet Farms. This partnership is about more than just fresh, wholesome, local produce; it is joint support of our greater mission of serving adults with autism. This program provides participants with meaningful, paid employment and opportunities for skill development. Participants working in our CSA program practice skills such as amending the soil in raised beds, planting seeds, transplanting vegetable plants, watering, weeding, harvesting a wide variety of crops, rinsing root vegetables, and packaging produce into our CSA shares each week.

New this year, Bittersweet is proud to offer three share sizes. The Large Share (formerly "Standard") is \$300 per season and is recommended for a family of four. The Medium Share (formerly "Petite") is \$200 per season and is recommended for a small family or couple. The Small Share (new for 2020) is \$125 per season and is recommended for an individual or couple. The breakdown of 2020 CSA seasons is as follows:

<b>Spring Season:</b>	May 12-July 2, 2020
<b>Summer Season:</b>	July 14-September 3, 2020
<b>Fall Season:</b>	September 15-November 5, 2020

Bittersweet offers two pick-up locations and days. Members may choose Tuesday pick-up at Bittersweet Farms in Whitehouse or at Walt Churchill's Market in Maumee, or Thursday pick-up at Bittersweet Farms in Whitehouse. Pick-up times are as follows:

<b>Bittersweet Farms, Whitehouse:</b>	1:00 p.m. to 3:00 p.m. (Tuesday or Thursday)
<b>Walt Churchill's Market, Maumee:</b>	3:00 p.m. to 7:00 p.m. (Tuesday only)

Examples of spring produce include: lettuce, kale, leeks, beets, carrots, green onions, herbs, and swiss chard. Examples of summer produce include: tomatoes, peppers, eggplant, cucumbers, squash, garlic, lettuce, and onions. Examples of fall produce include: lettuce, tomatoes, peppers, green onions, winter squash, greens, broccoli, root vegetables, and kale.

Bittersweet looks forward to partnering with CSA members in 2020 to positively impact the lives of individuals with autism and to provide fresh, sustainably grown, local produce to CSA members and the wider community.

To sign up for a 2020 CSA share, please visit our website: [www.bittersweetfarms.org/csa](http://www.bittersweetfarms.org/csa).

#### **About Bittersweet, Inc.**

*For 36 years, Bittersweet, Inc. has been successfully serving adults and adolescents with Autism Spectrum Disorders across three locations in Ohio. The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.*

#### **CSA Contact:**

Beth Kuntz-Wineland, Bittersweet Gardens Specialist  
419 875 6986, ext. 1205  
[bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org)

#### **Media Contact:**

Julie Champa, Development Director  
419 875 6986, ext. 1272  
[jchampa@bittersweetfarms.org](mailto:jchampa@bittersweetfarms.org)