



News Release

For immediate release – February 24, 2020

Bittersweet Farms Offers Local Produce with a Purpose

Whitehouse, OH...Sign-up is now open for the 2020 Community Supported Agriculture (CSA) program at Bittersweet Farms, now in its tenth year! Receive weekly boxes of fresh, sustainably grown, local produce and support meaningful, paid employment for adults with autism by signing up today at www.bittersweetfarms.org/csa.

Members of Bittersweet's CSA purchase a share of the harvest in advance of the growing season, which helps the organization cover the initial costs of the season. In return, throughout the growing season, members receive weekly shares of fresh, nutrient-dense produce grown sustainably, harvested, and packaged by individuals with autism at Bittersweet Farms. As with any CSA program, Bittersweet's CSA is a mutual partnership of shared risk and bounty between the grower and the CSA member.

When you purchase a membership share of the CSA program, you are partnering with Bittersweet Farms. This partnership is about more than just fresh, wholesome, local produce; it is joint support of our greater mission of serving adults with autism. This program provides participants with meaningful, paid employment and opportunities for skill development. Participants working in our CSA program practice skills such as amending the soil in raised beds, planting seeds, transplanting vegetable plants, watering, weeding, harvesting a wide variety of crops, rinsing root vegetables, and packaging produce into our CSA shares each week.

New this year, Bittersweet is proud to offer three share sizes. The Large Share (formerly "Standard") is \$300 per season and is recommended for a family of four. The Medium Share (formerly "Petite") is \$200 per season and is recommended for a small family or couple. The Small Share (new for 2020) is \$125 per season and is recommended for an individual or couple. The breakdown of 2020 CSA seasons is as follows:

Spring Season:	May 12-July 2, 2020
Summer Season:	July 14-September 3, 2020
Fall Season:	September 15-November 5, 2020

Bittersweet offers two pick-up locations and days. Members may choose Tuesday pick-up at Bittersweet Farms in Whitehouse or at Walt Churchill's Market in Maumee, or Thursday pick-up at Bittersweet Farms in Whitehouse. Pick-up times are as follows:

Bittersweet Farms, Whitehouse:	1:00 p.m. to 3:00 p.m. (Tuesday or Thursday)
Walt Churchill's Market, Maumee:	3:00 p.m. to 7:00 p.m. (Tuesday only)

Examples of spring produce include: lettuce, kale, leeks, beets, carrots, green onions, herbs, and swiss chard. Examples of summer produce include: tomatoes, peppers, eggplant, cucumbers, squash, garlic, lettuce, and onions. Examples of fall produce include: lettuce, tomatoes, peppers, green onions, winter squash, greens, broccoli, root vegetables, and kale.

Bittersweet looks forward to partnering with 2020 CSA members to positively impact the lives of individuals with autism and to provide fresh, sustainably grown, local produce to members and the wider community.

To sign up for a 2020 CSA share, please visit our website: www.bittersweetfarms.org/csa.

About Bittersweet, Inc.

For 36 years, Bittersweet, Inc. has been successfully serving adults and adolescents with Autism Spectrum Disorders across three locations in Ohio. The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.

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