



News Release

For immediate release – February 26, 2020

**Note to Media: If you would like to meet and interview Beth and/or Matt at Bittersweet Farms in Whitehouse, please call for an appointment.*

Bittersweet Farms Participants Win Gold, Bronze at Special Olympics Ohio Indoor Winter Games

Whitehouse, OH...Bittersweet Farms made a splash at the Special Olympics Ohio Indoor Winter Games, which took place from February 21st-23rd at Bowling Green State University. Two Bittersweet participants, Beth and Matt, competed and brought home medals in swimming and basketball, respectively.

A state-level Special Olympian in both swimming and skiing, Beth competed in three swim events at the Indoor Winter Games. She won gold in the Women's 50 Meter Breaststroke, bronze in the Women's 25 Meter Butterfly, and bronze in the Women's 50 Meter Freestyle. Beth says, "I love the thrill of winning and I am so proud that Lucas County made a medal sweep at the Winter Games! It was great to compete close to home at Bowling Green State University." These achievements in swimming came just weeks after Beth won gold in the Unified Giant Slalom and silver in the Traditional Giant Slalom at the Special Olympics Ohio Outdoor Winter Games, which took place at Boston Mills and Brandywine Ski Resort on February 11th-12th.

A Special Olympian on the Lucas County D4 basketball team, Matt competed in the state basketball tournament at the Indoor Winter Games. His team brought home the bronze! Matt says of his experience competing, "It was my first tournament game at the state level. It was nice. I was sad we didn't win our first game, but it was nice to win our last game. I am proud of winning bronze but I hope we win gold next year!"

Since its founding in 1983, Bittersweet has emphasized the importance of aerobic exercise and meaningful, motivating activity for individuals with autism. As Special Olympics provides opportunities for physical activity in a supportive, rewarding atmosphere, Bittersweet is proud to send participants to compete each year. Congratulations to Beth and Matt!

About Bittersweet, Inc.

Since 1983, Bittersweet, Inc. has been successfully serving adults and adolescents with Autism Spectrum Disorders across three locations in Ohio. Bittersweet offers unique supports that encourage individuals with autism to grow and develop their abilities and talents in an agricultural setting. The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.

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