



# CSA Newsletter

WEEK 6 • FALL 2023

## Member Updates

It is hard to believe that after this week's pick-up, there are only two weeks left of the Fall CSA season! We are savoring the time we have left with you, and we hope you are savoring these last few weeks of Farm-fresh veggies, herbs, and flowers. It brings our participants such pride and joy to prepare your share and see you each week; with so many CSA programs in the area, we are ever grateful for your decision to support Bittersweet.

PICK-UP INFORMATION: Thank you for adhering to the designated pick-up time from 1:00pm to 3:00pm on your chosen day. Our Day Program participant pick-up is at 2pm each day. Thank you for your patience if you arrive at this time! If you are unable to pick up your box during the designated hours, please contact us as soon as possible to make other arrangements. If your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: If you have questions or concerns throughout the season, contact Beth Kuntz-Wineland, our Gardens Specialist, at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

## Veggies of the Week

CARMEN PEPPERS  
BANANA PEPPERS  
GARLIC  
TOMATOES  
LETTUCE  
FLORAL BOUQUET





**"My favorite fall activity is carving pumpkins!"**

- MATT  
(PICTURED ON P.1)

## Gardens Team Highlights

This week, we're excited to highlight Lynn (pictured above at center in black sweatshirt) and her many contributions to the Gardens Team, the Farm as a whole, and the community! Providing customer service in the Market is one of Lynn's passions, so we know she is a familiar face to many of you. You may have seen photos of our recent Playhouse Project Build with Maumee Valley Habitat for Humanity-- but what you may not know is that Lynn is the artistic visionary who created the design for painting the playhouse! She is truly multi-talented and we are lucky to have her on our team. This week, she worked cleaned tomatoes for our Medium shares, and she hopes you enjoy this last taste of summer.

Other MVPs this week include Kenny (pictured at right, below) who harvested carmen peppers; Gino (pictured at right, above), who worked in partnership with Beth to prepare your boxes; Matt (pictured on p.1) and Cece, who harvested tomatoes; Austin, who harvested and cleaned lettuce; and of course, Keerston, who harvested and arranged the lovely floral bouquets in your shares.



## Weekly Meal Inspiration

[Cucumber, Tomato, and Green Bean Salad](#)

[Roasted Carmen Pepper Pimento Grilled Cheese With Sweet Onions & Apple Butter](#)

[Baked Eggs with Spinach & Swiss Chard](#)