



Bittersweet Gardens

CSA NEWSLETTER

Summer Season, Week 3

What's In My Share?

Cucumbers
Tomatoes
Carmen Pepper
Garlic
Kale
Scallions
Basil
Thyme

Remember to rinse your produce before use!

Farm Fresh Recipe Links

[Scallion and Thyme Pancakes](#)

[Mini Kale and Cherry Galettes](#)

[Roasted Garlic Hummus](#)

[Quinoa Tabbouleh](#)



CSA Updates and Information

It's week three of our Summer CSA, and this week we are seeing GREEN! From nutritious summer greens to cool and classic cucumbers to herbacious scallions and thyme, you can't go wrong! Check out the recipes at right to kick start your mid-summer culinary adventures!

GARDENS VOLUNTEER NIGHT- FRIDAY, AUGUST 5TH, 4PM-6PM: Enjoy a behind the scenes look at Bittersweet Gardens, get your hands dirty, and give back through volunteering! We'll be weeding, watering, and more! You are welcome to bring your favorite gardening gloves and tools, but we have plenty to share, too. The whole family is welcome, no RSVP required. Meet at the Market/Gardens building (where you pick up your shares) at 4pm. Questions? Contact Beth Kuntz-Wineland at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

SAVE THE DATES- UPCOMING COMMUNITY ART FAIRS: Visit Bittersweet Creative Arts at Art on the Mall at UT this Sunday, July 31st, the Maumee Street Fair on August 13th, and the Apple Butter Fest in Grand Rapids on October 9th! Shop the full line of Bittersweet art, all of which make perfect gifts and provide meaningful, paid employment to artists with autism!

PICK-UP INFORMATION: With summer vacations upon us, if you aren't able to pick up your share, please contact us to make other arrangements. You are welcome to designate a friend or family member to pick up your share! If your box is not picked up, we will be sure to donate it.

CUSTOMER SERVICE NEEDS: Please direct customer service needs to Beth Kuntz-Wineland, our Gardens Specialist, at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

Gardens Team Highlights

This week, we're highlighting Mike (pictured at right, above) and Cece (pictured at right, below) and their contributions to the team! Mike has been on the Gardens Team since the early days of the CSA program. In fact, Mike is one of our original residents, so he has been gardening at Bittersweet since the mid-1980's! As a veteran member of the team, he is skilled in all aspects of production--seeding, transplanting, watering, weeding, harvesting, and cleaning and packaging produce! He is also a valued member of our Groundskeeping Team and loves assisting with mowing and weedwhacking around the Gardens area and the entire Farm. This week, Mike has been watering, weeding, and providing customer service and we are so grateful!

Compared to Mike, Cece is a newer member of the team, having worked in Gardens for four years now. However, she has made a huge impact in her time in the program! She is truly one of the hardest working women we know. This week alone she has weeded, watered, sorted and organized our cooler, AND harvested peas, lima beans, and cucumbers! When she's not working in Gardens, you can catch Cece caring for our animal friends in the Barn or creating ceramic masterpieces in Creative Arts. We are so glad she's part of our Farm family!

The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.