



Bittersweet Gardens

CSA NEWSLETTER

Fall Season, Week 5 What's In My Share?

Watermelon
Bell Pepper
Kale
Green Tomatoes
Sage
Garlic
Bay Leaves
Decorative Bouquet

Remember to rinse your produce before use!

Farm Fresh Recipe Links

[Green Tomato Curry](#)

[Watermelon Brie Bites](#)

[Watermelon Jam](#)

[Roasted Garlic Sage
Pesto Pumpkin Soup](#)



CSA Updates and Information

Is it possible to get tired of watermelon? We hope not, because we still have some to share with you this week! We had our first hard frost of the season here at the Farm, but luckily we thought ahead and harvested the ripe melon from the field before it met its match. We hope you enjoy this final taste of summertime as the weather turns colder!

PICK-UP INFORMATION: Thank you for adhering to the designated pick-up time at Bittersweet Farms in Whitehouse from 1:00pm to 3:00pm on your chosen day. If for some reason you cannot pick-up your box during these designated hours, please contact us as soon as possible to make other arrangements. In accordance with our CSA policy, if your box is not picked up, we will donate it.

MARKET SHOPPING HOURS: As a reminder, for Fall CSA you are invited to pick up your CSA share INSIDE the Market at Bittersweet Gardens! The Market is also open for shopping from 1:00pm-3:00pm if you need any additional Bittersweet produce, cookies, art, or merch!

CUSTOMER SERVICE NEEDS: Feel free to be in touch with Beth Kuntz-Wineland, our Gardens Specialist, at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

Gardens Team Highlights

We have two exciting highlights to share this week! First, you may have read Jonathan's story in our annual print newsletter last month. Jonathan (pictured at right, above) is one of the senior students in our Pemberville Transition Program. The Transition Program provides opportunities for students to explore vocational interests and develop job skills to support a successful transition into young adulthood. Since gardening is one of Jonathan's greatest passions, he recently spent a day shadowing in the Whitehouse Gardens Program. As you can see, he got to be part of the last great watermelon harvest of 2022 mentioned above! Jonathan personally harvested over 150lbs of watermelon that day and we can't thank him enough for his help!

In addition to harvesting the last of the melons, we also brought in a HUGE end of season herb harvest. We recently began partnering with Boochoy Mama's in downtown Toledo to provide herbs for their hand-brewed herbal kombucha. The Gardens Team grows and harvests the herbs, and the Horticulture/Gardens Habilitation Team has been assisting with deliveries! Recently, John (pictured at right, below) made a large delivery of lemongrass! Partnerships with local businesses such as Boochoy Mama's provide opportunities for the participants to get out into the local community and practice their customer service skills. If you'd like to try some kombucha brewed with Bittersweet herbs (or perhaps try kombucha for the very first time), Boochoy Mama's is located at 130 10th St. in Toledo and is open on Fridays from 2pm-6pm and Saturdays from 10am-2pm. They often have Bittersweet kombucha on tap, so don't miss out!

The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.